



Dehoarding Champions

Understanding and Tackling Hoarding

In house half-day (2.5) hr session

Providing a structured step by step process to tackle all types of hoarding (including hoarding disorder) from first visit to bringing the property back to an acceptable level (Level 3 in Clutter Image Rating), within a realistic timescale.

Key points:

- Significantly increased fire risk
- 2-5% of population have a tendency to hoard
- £38,000 – average cost of a hoarder to social landlord
- “Forced” clear-outs don’t work
- Support, understanding and a structured, time-limited approach is effective

Learning outcomes

This advanced course explores all aspects of hoarding (and extreme clutter). It will increase your understanding of it as a mental illness or as a result of another mental illness, the reasons why someone hoards and the best ways to support them, including positive language and rapport building.

It will give you the skills and knowledge to take the lead in inter-agency working in the most serious cases, partnering with fire and rescue and legal options including environmental health and tenancy law – if the hoarder is a social housing tenant.

Topics covered

- Hoarding types in detail, including links with OCD, research findings and psychological theory
- The important difference between hoarding and extreme clutter
- Hoarding disorder and hoarding as a result of other mental illness, brain injury or learning disability
- Information/stats on increased fire risk
- Animal hoarding
- Treatment options, including Cognitive Behavioural Therapy
- Understand how to use consistent hoarding assessments and photographs to identify clutter-levels and the impact on the client’s ability to function within their environment
- Setting overall goal and agreeing actions/pledges – within strict timescales
- Explore the benefits of multi-agency responses and identify key partners – e.g. landlords, health services, social services, environmental health, housing, third sector mental health support agencies, fire service
- Overview of the legal issues including disability and mental health legislation, housing law and environmental health powers

About the trainer

Jack Moore (Director of Respect My Stuff) has over 15 years training and consultancy experience on hoarding and mental illness in the UK and ROI and is a regular speaker at conferences and on news media. He has researched world-wide best practice in understanding and tackling hoarding and developed a proven system of dealing with hoarding in a practical and timely manner. More recently he has developed a ‘dehoarding’ service with teams in the south of England and in NI. Jack has a housing background with a Degree in Housing. He is a Fellow of the CIH.